

Helping Mothers Survive

Every day, 1,000 women die during pregnancy and childbirth. 800 of them could be saved if a skilled birth attendant was present during the delivery.

The first module, Bleeding after Birth, gives health workers skills in prevention, detection and management of postpartum hemorrhage, the leading cause of maternal death.

It provides effective training using graphic materials and interactive, hands-on practice with the MamaNatalie Birthing Simulator.

It is consistent with Helping Babies Breathe to ensure the essential linkage between the care of the mother and care of the baby.



“We regularly practice scenarios from Helping Mothers Survive at our health center. It makes us feel confident and we can give good care to mothers and babies” .

- Yetmwork, Ethiopian midwife.

To learn more about Helping Mothers Survive and access the training materials, visit: www.helpingmotherssurvive.org

Helping Mothers Survive

Bleeding after Birth

Prepare for birth

Birth (See HBB Action Plan for baby)

10 IU  or $200 \text{ mcg} \times 3 = 600 \text{ mcg}$ 

Give medication to expel placenta



Placenta out?

Out

Not out

in 30 minutes

Encourage empty bladder
Repeat 10 units oxytocin
Repeat controlled cord traction

Check tone
Massage if soft

Out

Placenta complete?

Out

Not out
in 60 minutes

Advanced care

Complete

Incomplete



Uterus hard?



Massage uterus

Hard

Hard

Soft

Massage uterus
Repeat medication

Hard

Bleeding normal?

Hard excessive

Soft excessive

Normal



Press on tears



Compress uterus

Hard
Bleeding normal

Continue care:

Check tone
Monitor bleeding
Check vital signs
Encourage breastfeeding



Advanced care
Keep warm